

# Poland

YOUR **HEALTH** DESTINATION



## WESTERN HOSPITAL

*of John Paul II*

*in*

*Grodzisk*

*Mazowiecki*

**POLAND**



The Project co-financed by the European Union from the European Regional Development Fund



The John Paul's II Western Hospital has been admitting patients since 2003 into its modern facilities, which meet European standards. The Hospital is located approximately 30 km west of the International F. Chopin Airport in Poland's capital Warsaw. Over the past few years we have had the privilege of being the regional leader among 256 hospitals in the prestigious nationwide "Safe Hospital" ranking, compiled each year by the biggest nationwide newspaper "Rzeczpospolita".

What makes us unique?

- We have one of the lowest hospital infection rates of less than 4.5% (with 10% being the average rate according to the CDC).
- Our post-operative complication rate is below 0.9%.
- We are a multi profile hospital with highly specialist equipment and a wide range of diagnostic procedures.
- We provide modern medical treatment services including minimally invasive surgery and endoscopy.
- Our doctors are highly experienced and dedicated professionals that guarantee competence, quality and reliability.
- We offer each patient a personal coordinator and a package of services including accommodation and transportation.
- We are patient-centred hospital providing care that is respectful and responsive to individual patient preferences, needs, and sensitive to cultural values
- We deliver the highest quality and comfort of stay for all our patients and their families.
- We pride ourselves for strength of our partnerships and cooperation with domestic and international medical centres alike.

We are a multi profile hospital but most high-profile departments include: surgery, neurosurgery, orthopaedics and traumatology, urology and invasive cardiology.

With our 350 hospital beds, we admit over 30.000 patients annually (including international patients). We have one of the most modern operating theatres all constructed using top quality non-corrosive



stainless steel technology, and equipped with laminar air-condition systems which meet the highest international standards of the operating room hygiene. Therefore our surgical site infection rate is less than 2%. We perform in excess of 5.000 surgical procedures annually with a perioperative mortality rate less than 0,9%. Thanks to our state-of-the-art equipment and highly qualified medical staff we are able to perform the full range of surgical procedures.

Surgical procedures: We offer a wide range of operations including laparoscopy procedures: gallbladder removal, appendix removal, operation of abdominal ruptures, liver (e.g. cyst, tumours), peritoneal adhesions, partial intestine resections and bariatric surgery.

Bariatric is the branch of medicine which deals with causes, prevention and treatment of obesity.

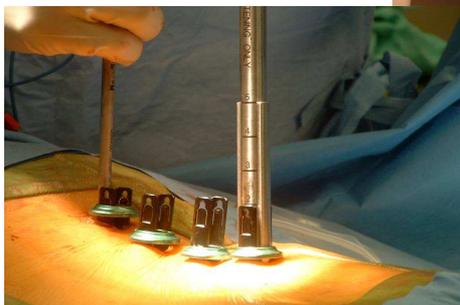
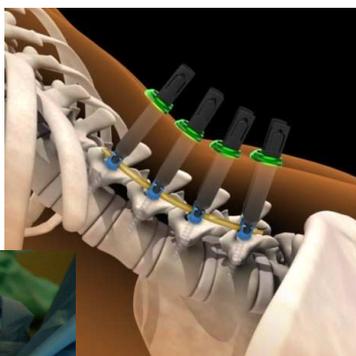
We offer the following type of bariatric surgery:

- laparoscopic sleeve gastrectomy (which is also known as gastric sleeve, gastric sleeve resection, sleeve gastrectomy, tube gastrectomy),
- laparoscopic placing a stomach band, which limits the stomach's volume (gastric banding)
- laparoscopic resection of a part of stomach and creating a gastro-small intestines bypass,



which dramatically shortens the digestive tract (gastric bypass). This procedure involving both the stomach and the digestive tract's length reduction, substantially reduces the surface area for digestion and absorption of food. This type of operation is prescribed to treat morbid obesity (BMI over 40kg/m<sup>2</sup>) as well as for patients with a metabolic syndrome associated with a BMI of less than 40kg/m<sup>2</sup>.

Neurosurgery: We perform minimally invasive procedures using the highest international standards. During a procedure we stabilise the spine column using,



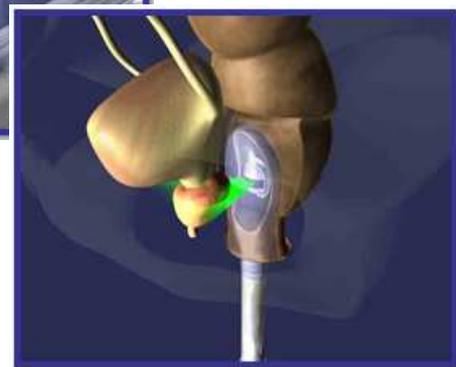
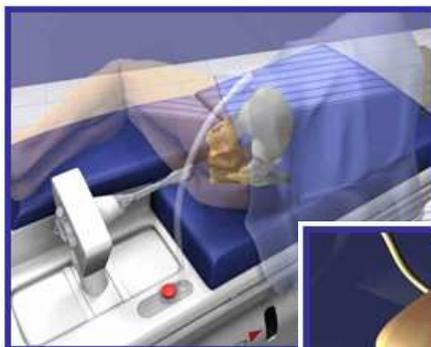
for example MANTIS system (Minimal Access

Non-Traumatic Insertion System), which is the less invasive percutaneous system used in this type of operation.

Orthopaedics and traumatology: We perform replacement surgery of big joints (hip, knee, elbow), and we create an operating space with minimally invasive methods. We treat bone trauma of limbs and spine column. We perform post-traumatic reconstruction of fractured limbs; apply percutaneous stimulation procedures for growth disorders; percutaneous procedures in joints and ligament treatments; and arthroscopy of the shoulder and the knee. We provide prosthetic limb services (fitting).



Urology: We offer a method of prostate cancer treatment that is unique in the world. Method is called High Intensity Focused Ultrasound (HIFU). This is minimally



invasive treatment and an excellent option for active men or men who have local disease recurrence following basic therapy. The advantages of this method are: precision in targeted destruction of deep seated prostate tissues in one treatment session, and no damage to the surrounding healthy tissues. This method is totally configurable and robotised with low rates of complications, no incisions, no radiation, and with recovery times of no longer than 2 days.

We also perform the unique RENOVA LSWT procedures for patients with erectile dysfunction of organic origin. A new non-invasive therapy makes use of the therapeutic properties of low intensity shockwaves (LISW) to induce local, controlled angiogenesis and significantly improve penile hemodynamic. Low-intensity shockwave therapy (LSWT) is currently the leading treatment method for patients with erectile dysfunction of organic origin. The therapy shows very promising results with over 80% of patients reporting complete restoration of erectile function after being treated with this method.

Invasive Cardiology: We perform over 60 coronary angioplasty procedures each month on patients with



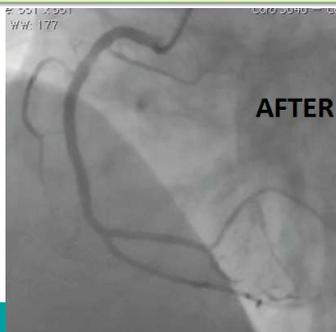
acute coronary syndromes, and other heart disorders. We perform pacemaker implantation and ICD (implantable cardioverter defibrillator) procedures. We also conduct minimally

BEFORE



**We use bioresorbable vascular scaffold's (BVS)**

invasive percutaneous catheter ablation of arrhythmia treatment, which allows for a relatively short postoperative hospital



AFTER

stay. Our patients are offered comprehensive cardiac rehabilitation programs as part of follow-up care.

Our rehabilitation centre provides therapy for



patients with mobility disorders caused by orthopaedic, cardiologic, neurologic or rheumatologic diseases. Our highly trained specialised team tailors an individual treatment programmes taking into account each patient's individual health.

Patients are offered single or double rooms equipped with en suite bathroom. The hospital has dedicated and comfortable guest rooms where members of patient's family can stay and rest while accompanying their relatives.

The whole infrastructure is designed for our patients individual needs.

There is also a strong support network including a full range of diagnostic laboratories available 24 hours a day.

We use our best efforts to ensure that our staff continuously update and develop their knowledge and qualifications to fulfil our patient's expectations who are seeking modern healthcare.

Our goal is to provide healthcare services on par with leading centres in Europe and the United States but at more affordable prices.

We can arrange Your flight  
to Warsaw



## Contact Us

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## Certificates of Highest Quality in Poland

